UCSF
Newsbreak

News for the UCSF Campus Community VOL. 11, NO. 16 SEPTEMBER 27, 1996

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Karen Preuss

Kara Reinke, a first-year medical student, left, gets ready for school with the help of Bonnie Boak, a Millberry Fitness Center aerobics coordinator at UCSF orientation day Sept. 19.

THEY'RE BACK TO SCHOOL

UCSF takes new directions in the art of teaching, healing

By LISA CISNEROS

(Editor's Note: This is the first of a two-part series to highlight innovations in curricula, plans for major projects and other news from UCSF's four schools and Graduate Division for the 1996-97 school year. This issue covers the schools of dentistry and pharmacy. News about nursing, medicine and the Graduate Division will follow in the next issue.)

The welcome arrival of Indian summer sunshine in San Francisco coincides with another pleasing sensation: the beginning of a new school year at UCSF when the campus plumps with people from far and near.

As a health sciences campus, UCSF is most alive in the fall when students bring their energy and enthusiasm to this institution of higher learning. Their return to campus brings a renewed sense of pride in the University's missions and accomplishments, and serves as a reminder of why the institution has existed since 1873.

An influx of faculty also converge on campus hoping to inspire future dentists, doctors, nurses, pharmacists and others. Professors doggedly prepare their lesson plans—many having revamped old courses and developed new ones in response to the changing health care environment. The School of Nursing, for example, has created an alternative core course to teach Master's students about the impact of managed care and how to evaluate the effectiveness and cost of care.

Toting bulging backpacks, hundreds of students learned what UCSF has to offer them at orientation day Sept. 19 and Newsbreak learned what they plan to offer the world.

"I always had a love for chemistry and I wanted to do research," says Berford Moncriffe, a first-year pharmacy student from Houston. Moncriffe wants to design drugs, perhaps ones to fully eradicate malaria. "It's not a problem in the US, but it's a major disease in third-world countries."

Roberto Rodriguez of the Rio Grande Valley intends to pursue a career in primary care and work at the community level, maybe in a public clinic. "The Mexican-American community is greatly underserved," he said. "There's not equal access to the health system."

Rodriguez is not alone in his concern about the current state of the health care system. Some students have come to UCSF to further their education and make themselves more marketable in a more demanding and competitive health care arena that places increasing pressure on providers to treat more patients in less time while balancing costs and quality of care. Having worked as a licensed vocational nurse for eight years, Erin Powell is enrolled at UCSF to become a registered nurse. Powell says she seeks "job security" at a time when she sees hospitals downsizing in order to survive.

Whatever their reasons for attending UCSF, though, about 100 new students are ready to learn what this famed University has expertly delivered for more than 130 years and will continue to deliver into the next millennium.

SCHOOL OF PHARMACY

By BRAD FOSS

Future batches of graduates to be dispensed from the School of Pharmacy will be prepared to enter a markedly different profession — one that focuses on patient education.

Faculty are addressing these changes, part of the fast-paced, market-driven health care reform, this academic year as they begin to reconstruct course offerings for the entering class of students of 23 men and 93 women.

The main shift in education is toward teaching future pharmacists their emerging role as health educator: both in terms of teaching patients how to self-administer drugs and advising physicians on prescriptions to ensure that treatment is both safe and effective.

The traditional job of pharmacists — dispensing drugs in hospitals — is less in demand as patients are spending fewer days in hospitals. Instead, patients are being treated in outpatient clinics, nursing homes and at home.

George Kenyon, Dean of the School of Pharmacy, says pharmacists need to take greater responsibility for patients who are self-administering drugs, especially the growing elderly population who may be taking several medications simultaneously to treat a variety of conditions.

"We're evolving toward the point where many more people are taking drugs," he says. And the school is responding to this trend. "We want to be right there on the forefront."

As a result, the School of Pharmacy plans to make extensive ongoing curricula changes through the 1998-99

(See **Pharmacy** on page 3)

SCHOOL OF DENTISTRY

By BRAD FOSS

With major curriculum changes already in place, the School of Dentistry begins this year with the monumental task of raising $3 million to upgrade aging clinics.

"People enjoy vintage wines not vintage dental equipment," quips Dean Charles Bertolami.

Not since 1980, when the School of Dentistry's Clinics Building was dedicated at 707 Parnassus, has such a large modernization program been slated for the 115-year-old School. "If we're as good as I think we are, the facilities should show that," Bertolami says.

Indeed, the school restructured its courses a few years ago geared to pro-

(See **Dentistry** on page 3)

UCSF simplifies worker's comp to improve service

By BRAD FOSS

UCSF Human Resources initiated a one-year pilot program with the UCSF Occupational Medical Clinic (OMC) this month as a way to bring injured employees back to health and back to work sooner.

Under the new program, treatment for employees is pre-authorized at the OMC for up to 60 days. Pharmaceuticals, referrals to specialists, and any necessary paperwork are included in this service and costs are covered by the University regardless of whether the employee's claim is eventually accepted. As always, if the injury is deemed to be work-related, UCSF is obligated to cover all medical costs until the employee regains his or her pre-injury health status.

With streamlined procedures that are expected to reduce costs, the program is designed to bring better, faster health care to injured campus employees, who will be treated by specialists in occupational medicine. OMC's team of five full-time doctors can often prescribe modified work plans that enable employees to get back to work in some capacity early in their medical recovery.

By coordinating the efforts between these doctors and worker's compensation analysts, the program aims to reduce bureaucratic stumbling blocks of the past. For example, it takes campus departments 16 days, on average, to report a worker's compensation claim. However,

(See **Worker's** on page 2)

Regents approve salary increases

The UC Board of Regents last Friday approved salary increases effective Oct. 1 for senior UC officials, including President Richard C. Atkinson, the nine chancellors and the vice presidents. It marks their second pay raise since 1990.

The Regents approved a 4 percent increase in Atkinson's annual salary, from $243,500 to $253,500.

The 1996-97 state budget, signed into law by Gov. Pete Wilson, provided funds for salary increases for UC employees. Funding for salary and merit increases for eligible faculty is 7 percent. Funding for salary increases for eligible staff is 4 percent.

Under Regents' bylaws, the Regents must approve the annual salary rate of employees earning $153,000 and above. These salaries are based on performance reviews as well as market surveys where appropriate. UC senior officials, including the president, vice presidents, chancellors, officers of the Regents, vice chancellors, vice presidents and assistant vice presidents, will receive the same average increases as the staff, based on performance.

The chancellors received increases averaging 5.5 percent, which included a 1.5 percent market-based equity adjustment. As of July 1, 1996, UC chancellors' salaries lagged behind the salaries for comparable university or college presidents by 9.5 percent to 22.5 percent. Individual increases ranged from 5 to 7.3 percent.

The Regents approved merit increases for UC hospital directors ranging from 2

(See **Salaries** on page 2)

In Memoriam

Anselm L. Strauss, 79, UCSF emeritus professor of sociology in the Department of Social and Behavioral Sciences of the School of Nursing, died of a sudden heart attack in San Francisco Sept. 5.

A gathering to celebrate his life will be held at 2:30 p.m., Friday, Nov. 1, in Toland Hall followed by a reception at the UCSF Faculty/Alumni House.

Strauss was internationally known as a social science methodologist and as a medical sociologist, especially for his pioneering attention to the problems of chronic illness. He developed an innovative method of qualitative research called "grounded theory" with sociologist Barney Glaser that was widely adopted in sociology, nursing, education and social work.

An alumnus of the University of Virginia, Strauss received both his master's and doctorate from the University of Chicago. He came to UCSF in 1960 at the request of the dean of the UCSF School of Nursing to teach research methods in a new doctoral program in nursing, the first of its kind in the Western US. By 1968, he built this research unit into a full-fledged doctoral program in sociology.

As professor, founder, chair and visionary of the UCSF Department of Social and Behavioral Science, Strauss guided the program in its focus on health, illness, and qualitative research. He became professor emeritus in 1987, and continued teaching and conducting research until his death.

He authored many books and received numerous prestigious professional awards, including the Leo G. Reeder Award for Distinguished Contributions to Medical Sociology (1981), the Mead Career Award from the Society for the Study of Symbolic Interaction (1985), and the Cooley-Mead Award of the Social Psychology Section of the American Sociological Association (1994).

Memorial donations may be made to the Anselm Strauss Fund, c/o the UCSF Foundation, 44 Montgomery St., Suite 2200, San Francisco, 94104, or to the American Civil Liberties Union Foundation of Northern California, 1663 Mission St., Suite 460, San Francisco, 94103.

Private Support

UCSF is pleased to acknowledge the following listing of gifts/pledges of $25,000 or more from individuals, corporations and foundations received August 16-30, 1996.

$500,000 - $999,999
Anonymous
Howard Hughes Medical Institute
Estate of Arthur C. Sheeter

$100,000 - $499,999
Glaxo Wellcome Inc.
The Robert Wood Johnson Foundation

$25,000 - $99,999
Alliance Pharmaceutical Corporation
Arthritis Foundation
Mr. and Mrs. Roy L. Bouque
Chiron Corporation
Estate of Elaine Ward Cogswell
Estate of John T. and Dorothy R. Dyer
The William and Flora Hewlett Foundation
The Henry J. Kaiser Family Foundation
Alex Kuo
National Childhood Cancer Foundation
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Pacific Vascular Research Foundation
Mr. and Mrs. Stanley Powell, Jr.
Sandler Family Supporting Foundation
Alexander M. and June L. Maisin Supporting Foundation
The Helen Hay Whitney Foundation
World Environment and Peace
Zymed

Correction

The headline and photo caption about the Genetics Clinic in the last issue of Newsbreak incorrectly identified its location. The Genetics Clinic is located at UCSF's Ambulatory Care Center. Newsbreak regrets the error.

Macy's Passport show garners $1.4 million for AIDS research

Macy's Passport, '96 "On the Edge: An Evening of Fashion and Compassion," was a smashing success, is expected to garner some $1.4 million in the quest for an AIDS cure.

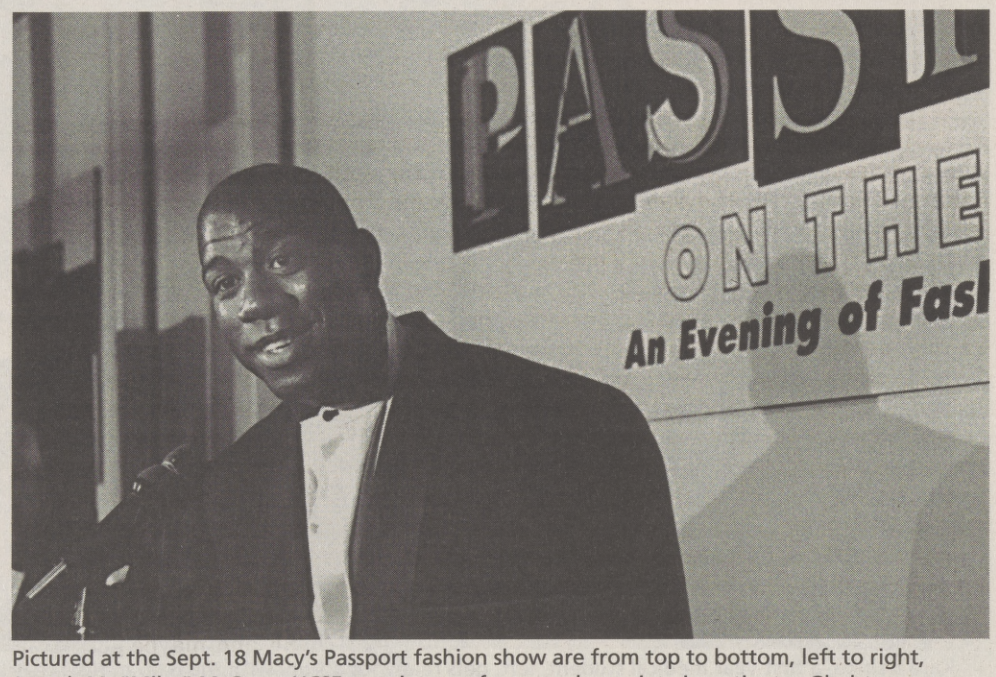
"It has been a long, tough and uphill struggle, but I have to tell you we have made progress," Elizabeth Taylor, event co-chair, told the audience of 2,800.

Indeed, researchers report that a family of drugs called protease inhibitors can sharply reduce replication of HIV and restore immune system functioning in patients in the early stages of the disease.

Earvin "Magic" Johnson, who was diagnosed HIV positive in 1992, said while research looks promising, much work needs to be done to educate people about the disease to end widespread discrimination toward those affected by the virus.

The UCSF/Macy's Center for Creative Therapies of SFGH was one of several event beneficiaries. Bringing together the work of UCSF clinicians and researchers, the pharmaceutical industry and academic scientists from around the world, the center's primary goal is to test new AIDS therapy ideas and to assess their potential value to patients.

Photos by Lisa Cisneros



Pictured at the Sept. 18 Macy's Passport fashion show are from top to bottom, left to right, Joseph M. "Mike" McCune, UCSF associate professor and associate investigator Gladstone Institute of Virology and Immunology; Mayor Willie Brown with a model; and AIDS activist Earvin "Magic" Johnson.

Worker's (from page 1)

reporting should be done within 24 hours, according to Labor Code. OMC's pilot program aims to begin the reporting process in half that time within the first year by working more closely with department managers, says Kathryn Mulholland, manager of the worker's compensation division in UCSF Human Resources.

"We want to use doctors who have a return-to-work focus," she says. "UCSF wants people to go to occupational medicine specialists who understand the link between work and injury."

UCSF spent about $2 million in 1994-95 on worker's compensation costs. Expenses escalate when employees are out for extended periods as the University covers employee medical costs, temporary disability benefits, and (depending upon the duration of the absence) the cost of hiring a temporary replacement.

"The critical variable is how quickly employees' injuries are reported and how quickly they can be seen by a doctor," says Mulholland. "This is an aggressive approach to get people back to work as soon as it's safe."

OMC's services are available to all campus employees, except those employed by the Medical Center, which has an equivalent program, known as Employee Health Services (EHS). Since EHS was introduced last year, more injured employees were given modified work loads, resulting in much less lost work time, Mulholland says.

In both programs, the key objective is to examine and rehabilitate employees expeditiously to prevent prolonged injury-related leaves of absence — even if it means modifying their duties when they return to work.

"Our goal is to do as much as we can as early as we can to get the person recuperated as quickly as possible," says Diane Liu, director of OMC. Physicians at the OMC, located at 1515 Scott St., make recommendations to the University's claim analysts, who ultimately approve or deny compensation requests. Though administrative costs will rise slightly, worker's compensation costs are expected to decrease overall, in part by reducing the number of injured employees needlessly sent to the Emergency Department, administrators say.

Other "hidden costs" of losing employees to injury for extended periods of time, Mulholland says, are increased stress and low morale among co-workers, some of whom may have to pick up the slack. "This is very difficult to measure, but we know anecdotally it exists," Mulholland says.

The success of the program will be measured by employee satisfaction and retention, reduced number of lost work days and overall claim costs as well as improved timeliness for injury reports.

To pay for the program, the University currently pools more than $5 million — each department is accounted for on a percentage basis — to pay for all worker's compensation costs. "The challenge is how do we control expenses toward that pool while maximizing return to work," Mulholland says.

OMC's largest contract is with the City and County of San Francisco. Since February 1995, OMC doctors have seen more than 10,000 patient visits, helping them to return to work as soon as they are physically able.

Salaries (from page 1)

to 6.5 percent. In addition, the Regents approved market-based equity increases of 15 percent for the long-standing medical center directors at San Francisco and Davis. According to a survey conducted by the Council of Teaching Hospitals, comprised of institutions comparable to UC, the average UC base salary for medical center directors lags the market by 32 percent. These equity adjustments were granted to ensure that UC's teaching hospitals continue to be competitive in retaining key personnel.

In 1992, the Regents established a simplified method for determining appropriate salaries for senior university officials. The procedure includes a market survey of positions at 26 comparable public and private institutions as well as recruitment and retention experience. This system was developed by UC and the California Postsecondary Education Commission. The target average salary for chancellors is the mean salary of the chief executives of the comparison group, with variations based on campus size, scope, complexity and the chancellor's performance and experience.

The Secretary of the Regents and General Counsel received salary increases of 5 and 10 percent respectively. University vice chancellors for university relations and development received market-based equity adjustments, ranging from 7 to 8.5 percent, in addition to merit increases. Based on a 1995 compensation survey conducted by the firm of William M. Mercer Inc., UC salaries for these positions currently lag the market by about 18.4 percent.

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Please send news to Lisa Cisneros, 476-3256 or lisa_cisneros@quickmail.ucsf.edu, and calendar items to Brad Foss, 476-3163 or brad_foss@quickmail.ucsf.edu both at Box 0462. Fax last-minute copy to 476-3541.

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Program prepares young moms for work

By BRAD FOSS

Life for the young and unemployed can be cruelly paradoxical. Without a prior work history, gaining any experience at all is a real challenge. But UCSF is attempting to break this mold by nurturing minority youths on a five-month pilot internship program that gives the participants experience and marketable job skills.

The Community Outreach Internship Program began this summer, when four young African-American mothers were hired as administrative assistants in different departments throughout the University.

The program was established through a partnership between the UCSF Human Resources Temporary Employment Pool (TEP), Florence Crittenton Services (FCS), a home for unwed mothers located in the Western Addition, and interested UCSF departments.

"By partnering with the community, the University has the opportunity to share diverse work experiences while taking advantage of the valuable skills and abilities of the program's participants," says Randy Lopez, director of UCSF Human Resources.

The interns, aged 20 to 25, were recently placed in the departments of neonatology, radiation oncology, physiology and accounting. All of the women enrolled have high school diplomas and some work experience. If this pilot project is successful, UCSF will broaden its outreach to others.

By extending itself to neighbors, UCSF aims to strengthen its ties to this potential workforce, according to Cheryl Towns, a UCSF community relations representative. The project is an outgrowth of frustration over the difficulty of placing entry-level minority neighbors into jobs at UCSF, she says.

Lisa Washington began working in the department of physiology two months ago. Working with a large staff to support the department's 47 faculty members, Washington says her computer skills, and her medical vocabulary, have grown tremendously while on the job. Washington is gaining experience using word processing programs, databases and the office e-mail system, skills she hoped to learn with the internship.

Fareedah Simon, administrative supervisor of the department of physiology, called the program a "wonderful investment." Simon, who assigns new projects to Washington each week, says, "We're helping to develop these young women in order to make their skills marketable. I want to expose [Washington] to everything we do."

Project coordinator Sherry Tennyson, who was hired with the help of a $20,000 grant to FCS from Levi-Strauss & Co., says UCSF has shown a high level of committment to the interns that is rare in other similar programs. And, she says, the interns are people who view this not as a "job" but as a committment that will pay off in the long term.

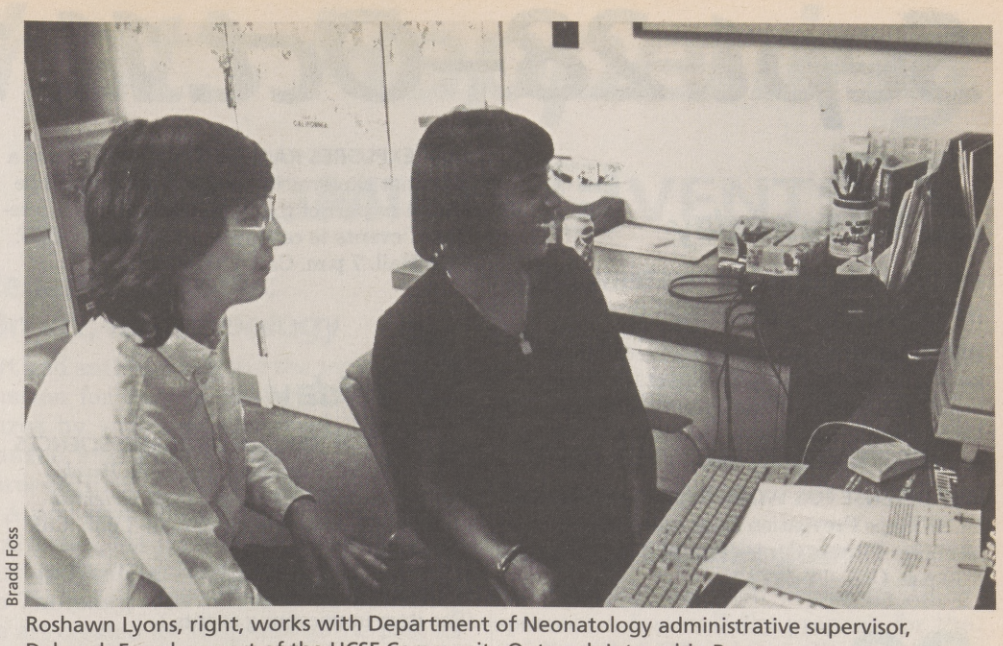
"What makes it so unique is that we're working with an employer that is willing to train the women. Their supervisors are pushing for that growth," she says.

About halfway through her internship, Roshawn Lyons is already thinking about where she'll work when the program ends.

Prior to interning at UCSF, Lyons had worked in several temporary positions, but none really sparked her interest. Working with doctors has changed all that. Though she still wants to go back to school at some point, her goal now is to seek opportunities at UCSF.

"What I plan to do before my five months are up is get a listing of other openings at UCSF and maybe get an interview at one of the other departments," she says. "And maybe get permanent employment here."

According to Linda Hall, a TEP staffing services analyst, that's the University's hope too. "All of them are being trained with University employment in mind," she said. One candidate has already been interviewed for a possible full-time position, Hall added.



Bradd Foss

Roshawn Lyons, right, works with Department of Neonatology administrative supervisor, Deborah Farrel, as part of the UCSF Community Outreach Internship Program

"We want to give them a good solid work experience," says Crystal Morris, manager of TEP. "These are mothers who need to be out and working."

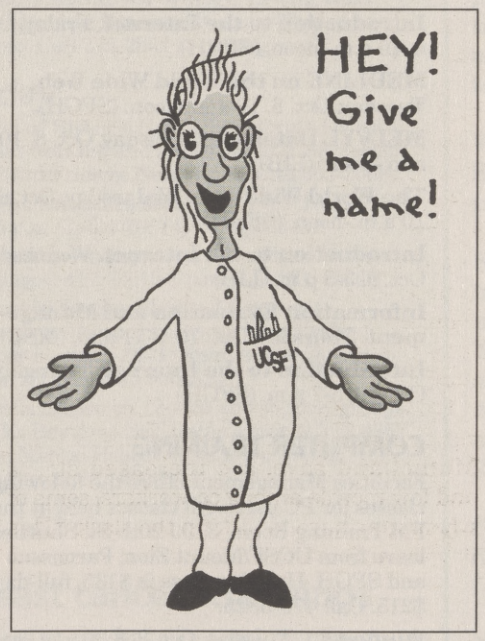
TEP helps interns write their resumes as well as a crash course on important interviewing skills. Expansion of the program hinges on funding and, meanwhile a waiting list mounts. As it stands now, interns' wages are paid by both their respective deparment and the program. If extended beyond six months, the program will reach out to other community-based organizations. Departments interested in participating in the program should call Morris at 476-2115 or Hall at 476-4100.

Energy, water campaign seeks input

A new spokesperson debuts on campus as part of UCSF's campaign to raise awareness about conserving water and energy. The character, at right, will offer helpful tips on how to conserve not only on campus, but at home as well.

Campaign organizers are having a contest to name the spokesperson. The winner will receive a $25 gift certificate to Macy's and a $20 gift certificate to P.J.'s Oyster Bed, courtesy of EMPACT! UCSF Facilities Management Department will add a starter kit for efficient home lighting as well.

Campaign organizers also ask for campus cooperation in a survey to assess water and energy consumption at UCSF. Students, faculty and staff are asked to answer the questions below and send them on a separate sheet of paper with your name and department to Michele Firpo at Box 0462, fax them to 476-3541 or send an e-mail to mfirpo@itsa.ucsf.edu by noon on Friday, Oct. 11. Facilities Management and Public Affairs employees are not eligible to enter the contest.



UCSF WATER AND ENERGY SURVEY

1. What are your main uses of water and electricity at UCSF?
2. Do you use water-cooled equipment, and can it be turned off at night or at other times?
3. What conservation practices do you follow at home, and can they be applied to UCSF?
4. Do you turn off your PC, monitor or other equipment at UCSF when they are not in use? Why or why not?
5. Do you believe there is a lot that can be done to help save water and energy at UCSF? If so, in what way?
6. Would you be willing to participate in a focus group to learn more about conserving water and energy at UCSF?

Dentistry (from page 1)

vide care that is more patient-centered. Today, dental students begin working their first year in the clinics, which are in dire need of computer stations, patient chairs and updated equipment.

"In their present state, these clinical facilities are not able to function to their potential and do not project a quality image for the School of Dentistry," says Becky Herring-Mitchell, development officer at the school. Herring-Mitchell is leading the campaign to raise $3 million in addition to the $2 million being spent from the school's operating budget.

The vast majority of the facilities being updated are those used by dental students in the treatment of patients as part of their educational program.

On the research front, the School of Dentistry introduces its Oral Cancer Research Center, an extension of the Department of Stomatology, led by seven scientists from the schools of dentistry and medicine. Randall Kramer, director of the center, calls it a "research arm" of the Department of Stomatology. Patients with oral cancer will still be treated at the Stomatology Clinical Center, he explains, though collected data will be shared with the newly formed research center.

The National Institutes of Health (NIH) and the National Institute of Dental Research awarded the school a five-year, $2.6 million grant to establish the center. Dedicated to multidisciplinary studies, the center will focus on the molecular mechanisms of invasion in mouth and throat cancer in an attempt to learn what causes the disease to spread.

If this can be learned, "it holds out hope for people who have contracted the disease but for whom invasion to deeper tissues has not yet occurred," Bertolami says.

Oral cancers account for 5 percent of all cancers. An estimated 30,000 new cases of oral and throat cancer are diagnosed in the US each year.

Also new this year is a dual PhD and clinical training degree, known as the Dentist-Scientist Program (DSP), that integrates basic science and traditional dental specialty training.

As new dental treatments are developed, such as genetic research into the body's enamel-producing mechanisms and grafting to cure gum disease, scientific training is becoming more relevant to the dentist's practice.

"The clinician is faced with all of this potential science," says DSP Director and professor of restorative dentistry, Grayson Marshall.

Designed and funded by NIH, the DSP intends to bolster the dentist community with practitioners and teachers who are more well-rounded. Two applicants per year will be admitted to the program, which is one of only nine others nationwide.

"What we need is a cadre of people who can bridge the gap between dentistry and all its different applications," Marshall says.

Pharmacy (from page 1)

school year to emphasize this patient care focus. Students will get more courses in health policy, reimbursement and problem-solving in today's health care environment. As a precursor to those changes, professors are expected to begin the transition process by introducing new elements in pharmacy education this school year.

"I'm quite sure there will be a lot of experimentation," says Svein Øie, professor of biopharmaceutical sciences and pharmaceutical chemistry. Students will learn to become "information pharmacists," recommending drugs for health care companies and helping patients manage complex drug regimens.

And while pharmacy students usually spent the first two years in the classroom and laboratories, they now will begin to encounter patients much earlier in their training — as early as the first semester. Students will be able to work with physicians more closely as consultants to improve health and reduce costs. To prepare them for these real-life experiences, basic sciences courses and clinical training will be more closely linked.

Staying on the forefront technologically is also a top priority for the school. By 1998, Kenyon says, the school will unveil a $1.5 million Computer Resource Center, financed by a fundraising effort that is only $300,000 shy of reaching its goal. As many as 40 workstations will be networked with local and remote sites.

Students will be able to link up with hospital databases to access patient records and make dosing interventions, and use instructional modules now being produced for personal computers. Down the road, students will communicate "face to face" with scientists and students at universities worldwide using teleconferencing technology.

"We should think about the computing center as a place without boundaries. Whatever's going on inside that room won't be limited by its walls," says clinical pharmacy lecturer and associate dean of pharmacy Bob Day.

Day is chair of a committee working to establish a consortium of 36 pharmacy schools interested in devleoping compatible computer systems for instructional and teleconferencing purposes. "This is a revolution in teaching within the School of Pharmacy and an opportunity to develop pharmacy students' expertise as information masters, " Day adds.

Sept. 28–Oct. 11, 1996

28 Saturday

UCSF FAMILY DAY AT WATERWORLD IN CONCORD (sold out)

INVESTING BASICS: Certified financial planner Leona Lau introduces participants to stocks, bonds and mutual funds. Sponsored by the UCSF Women's Resource Center. S 214. 10 a.m.-1:30 p.m. Call 476-5222.*

SELF DEFENSE FOR WOMEN: Sponsored by the UCSF Rape Prevention Education Program. Millberry Fitness Center Studio. 10:30 a.m.-5:30 p.m. Call 476-5222.*

29 Sunday

2ND ANNUAL SICKLE CELL AMENIA OUTREACH SEMINAR

Co-sponsored by the Sickle Cell Amenia Self-Help Adult Network and the San Francisco Branch of the NAACP as part of National Sickle Cell Month. West Bay Community Center, 1290 Fillmore St., 2-4 p.m. Call 239-5162 or 992-0650.*

30 Monday

ACADEMIC BUSINESS OFFICERS' GROUP LUNCHEON

Chancellor Joseph B. Martin will present *Why Are Academic Health Centers Merging?* Millberry Union Gymnasium. 12-2 p.m.

October

1 Tuesday

MEDITATION CLASSES: Conducted by Brahma Kumaris Meditation Center and sponsored by the Institute of Healing Arts and Sciences. C 417. 12-1 p.m. Call 563-4459.*

AMNESTY INTERNATIONAL VIDEO

Doctors and Torture is a film that highlights human rights abuses. Millberry Union Conference Center. 12-1 p.m. Call 566-8406.*

SCHOOL OF MEDICINE TEACHING AWARDS. Millberry Union Conference Center. 5-7 p.m.

2 Wednesday

BROWN BAG LECTURE SERIES: Laura J. Esserman, assistant professor of surgery and co-director of the UCSF Breast Care Center, presents *Breast Cancer in 1997: Innovations, Diagnosis and Patient Care.* 12-1 p.m. N 225. Call 476-4394.*

10TH ANNUAL SEP KICK-OFF CONFERENCE: Keynote speaker will be Science Education Program's founder and current President of the National Academy of Sciences, Bruce Alberts. Cole Hall. 4-6:30 p.m. Call 476-0300.

MUSIC IN THE LIBRARY: Free Latin and contemporary music recital by Michael Walsh, radiology, Derrick Yih and Ramiro Garcia, medical student. Lange Reading Room. 5:30 p.m. Call 476-2542.*

SALUTE TO FRENCH FASHION: Show presents finest in French couture to benefit the UCSF Cancer Center. At Neiman Marcus, 150 Stockton St. 6:30 p.m. Call 362-3900, ext. 2247 for tickets.

3 Thursday

GAY, LESBIAN, BISEXUAL, TRANSGENDER HISTORY MONTH EVENTS BEGIN. (See upcoming events.)*

REGENTS' LECTURE

(See item in upcoming events.)

FILM EXPLORES RACISM: *The Color of Fear*, a film that explores the roots of racism, will be shown as part of the Embracing Rainbows series of events to celebrate diversity at UCSF. Cole Hall. 7 p.m. Call 476-5222.*

4 Friday

INSTITUTE OF HEALING ARTS AND SCIENCES LECTURE: Peter Fairfield presents *Psychophysiology of the Emotions from Oriental and Energy Medicine.* N 721. 12-1 p.m. Call 330-5353.*

REGENTS' LECTURE

(See item in upcoming events.)

CHILDBIRTH PREPARATION SERIES BEGINS: Fridays through Nov. 1. Sponsored by Great Expectations for Women's Health. 6:30-8:30 p.m. Call 476-6667 to register.*

5 Saturday

LOW VISION FORUM: Learn about the American Foundation for the Blind and receive free informational brochures in a forum sponsored by the UCSF Department of Ophthalmology. Lobby of ACC. 11 a.m.- 1 p.m. Call 626-5313.*

WEIGHT LOSS RETREAT: (See upcoming events.)*

7 Monday

FITNESS FOR OLDER ADULTS

Gerontologist Beverly Mack teaches how to design and implement a fitness program that can stimulate the growth of new bone and tissue and improve cardiovascular endurance in this free forum. Herbst Hall, Mount. Zion. 10-11:30 a.m. Call 476-0373.*

DEAN OF NURSING LECTURE: Patricia A. Grady, director of the National Institute of Nursing Research, lectures on *Leadership Dimension of Nursing Research.* N 225. 3-5 p.m. Call 476-1805.

BETTER VISION NOW: John Stanley, ophthalmology, presents new surgery options to correct nearsightedness and astigmatism. UCSF Beckman Vision Center, 8 Kirkham. 6 p.m. Call 476-5021.

8 Tuesday

NEW EMPLOYEE ORIENTATION: S 214. 8:30-10:30 a.m. Call Lenard Florendo at 476-1073 to schedule.

MEDITATION CLASSES: See Oct. 1.*

9 Wednesday

UCSF PRIMARY CARE DAY

A day of panel talks sponsored by the Association of American Medical Colleges. Cole Hall. 10:30 a.m.-5 p.m. Call 476-8081.*

UC RETIREMENT SYSTEM MEETING: Presented by the UCSF Office of Benefits and Financial Planning. Room 125, MCB. 12-1 p.m. To confirm location, call 476-6387.

BROWN BAG LECTURE SERIES: Daniel Crowley, professor emeritus of anthropology and art history at UC Davis, presents *African Roots of Carnival Around the World.* N 225. 12:10 p.m. Call 476-4394.*

10 Thursday

NATIONAL DEPRESSION SCREENING DAY: A free written self-test for depression will be administered at Langley Porter Psychiatric Institute. 10 a.m.-2 p.m. Call 1-800-723-7140.*

ABLE TO CREATE: An art exhibit that features works of artists from the National Institute of Art and Disabilities. Sponsored by UCSF Arts and Performances and the offices of ADA Coordination, Student Relations and Department of Affirmative Action/Equal Opportunity. Millberry Union Conference Center. 12-9 p.m. Call 476-4752.*

CONTINUING EDUCATION

MEDICINE

For more information, call 476-4251.

Eleventh Annual Primary Care Medicine: Principles & Practice. Wednesday through Friday, Oct. 9-11. Ana Hotel, SF.

Minimally Invasive Techniques for Facial Rejuvenation. Thursday through Sunday, Oct. 17-20. SF.

Office-Based Orthopaedics for the Primary Care Physician. Thursday through Sunday, Oct. 17-20. SF.

The Skin From A to Z: Tips on Practical Therapy and Office Techniques. Saturday-Sunday, Nov. 2-3. SF.

Otolaryngology Update 1996. Thursday through Saturday, Nov. 7-9. SF.

Annual Advances Seminar in Urologic Surgery: Innovations in Urologic Surgical Techniques. Friday and Saturday, Nov. 8-9. Sheraton Palace Hotel, SF. Call 476-6343.

Group Therapy Symposium: Demonstrating Group Psychotherapy. Friday through Sunday, Nov. 8-10. The Mark Hopkins Hotel. Call 476-5808.

DENTISTRY

For more information, call 476-1101. Prices are for dentists/dentists' assistants.

CCDE Fall Participation: RDA/RDH Extended Functions. Sept.-Nov. $1,995.

Temporomandibular Disorders, Orofacial Pain and Occlusion Study Group. October 1996-June 1997. $1,895.

Dental Depositions: Legal Risk Prevention for Your Dental Practice. Friday, Oct. 18. $149/$99.

New Non-Surgical Treatment Strategies for Problem Periodontal Patients. Saturday, Oct. 26. $149/$99.

INFORMATICS CLASSES

The UCSF Library offers the following Informatics Training Seminars. Classes are held in S 165A, Medical Sciences Building (MSB), the ILC, Classroom at 222 Library (LIB) and the San Francisco General Hospital Library (SFGH).

Call 476-2337 for a complete schedule.

Genomic and Molecular Biology Databases. Monday, Sept. 30. 10 a.m.-noon. (MSB)

Introduction to the Internet. Monday, Sept. 30. 2-4 p.m. (SFGH)

MELVYL Databases. Monday, Sept. 30. 3-5 p.m.

Using EndNote for Windows. Wednesday, Oct. 2. 3-5 p.m. (SFGH)

The World Wide Web. Thursday, Oct. 3. 10 a.m.-noon. (SFGH)

Biological Abstracts Online (BIOSIS) Friday, Oct. 4. 10 a.m.-noon. (LIB)

Introduction to the Internet. Friday, Oct. 4. 10 a.m.-noon. (SFGH)

MEDLINE on the World Wide Web. Tuesday, Oct. 8. 10 a.m.-noon. (SFGH)

MELVYL Databases. Tuesday, Oct. 8. 10 a.m.-noon. (LIB)

The World Wide Web. Wednesday, Oct. 9. 10 a.m.-noon. (SFGH)

Introduction to the Internet. Wednesday, Oct. 9. 3-5 p.m. (LIB)

Information Evaluation and Management. Thursday, Oct. 10. 9-11 a.m. (MSB)

Introduction to the Internet. Thursday, Oct. 10. 5-7 p.m. (SFGH)

COMPUTER TRAINING

Facilities Management offers the following classes for PC users. All classes held at the FM Training Room, 3130 20th St. Shuttles leave from UCSF/Mount Zion, Parnassus and SFGH. Half-day class is $135, full-day is $215. Call 476-6825.

Windows 1. Tuesday, Oct. 8. 8:30 a.m.-noon.

Word for Windows I. Tuesday, Oct. 8, 1-4:30 p.m. and Thursday, Oct. 17, 1-4:30 p.m.

Windows 95. Wednesday, Oct. 9 and Friday, Oct. 11, 8:30 a.m.-noon. Wednesday, Oct. 23 and Thursday, Oct. 31 from 1 p.m. to 4:30 p.m.

Excel for Windows I. Wednesday, Oct. 9, 1-4:30 p.m. and Thursday, Oct. 17, 8:30 a.m.-noon.

Word for Windows II. Thursday, Oct. 10 and Tuesday, Oct. 29. 8:30 a.m.-noon.

Windows II. Thursday, Oct. 10, 1-4:30 p.m. and Tuesday, Oct. 22, 8:30 a.m.-noon.

Access for Windows I. Tuesday. 9 a.m.-3 p.m.

Word for Windows III. Wednesday, Oct. 16. 8:30 a.m.-noon.

Excel for Windows II. Wednesday, Oct. 16 and Tuesday, Oct. 29. 1-4:30 p.m.

Excel for Windows III. Friday, Oct. 18, 8:30 a.m.-noon and Wednesday, Oct. 30, 1-4:30 p.m.

Word for Windows IIII. Tuesday, Oct. 22, Friday, Oct. 25 and Wednesday, Oct. 30. 8:30 a.m.-noon.

Excel for Windows IIII. Wednesday, Oct. 23 and Thursday, Oct. 31. 8:30 a.m.-noon.

Access for Windows. Thursday, Oct. 24. 9 a.m.-3 p.m.

DEVELOPMENT & TRAINING

Travel Expense Processing. Thursday, Oct. 3. 1-4 p.m. $40.

Pre-Supervisory Training. Wednesdays & Fridays, Oct. 2, 4, 9, 11. 9 a.m.-noon. $100.

Vendor Payments. Thursday, Oct. 3. 8:30 a.m.-noon. $40.

Interaction Management Tactics. Thursdays, Oct. 3, 10, 24, 31, Nov. 7, 21. 8:30 a.m.-4:30 p.m. $300.

General Ledger and Accounting. Thursday, Oct. 10. 9 a.m.-4:30 p.m. $50.

Critical Thinking Skills. Wednesdays and Fridays, Oct. 16, 18, 23, 25, 30, Nov. 6. 8:30 a.m.-noon. $200.

Working Smarter, Not Harder. Thursday, Oct. 17. 8:30 a.m.-4:30 p.m. $100.

The UCSF Budget Process, An Overview. Thursday, Oct. 24. 9 a.m.-4:30 p.m. $60.

Supervisor's Guide to Performance Evaluation. Thursday, Oct. 31. 8:30 a.m.-4:30 p.m. $40.

For more information, call 476-4032.

CRIME PREVENTION

Presented by UCSF Police Department Crime Prevention Program. Call 476-5683 for reservations.

Crime Prevention Presentations. By appointment to campus departments and employees in the workplace.

RAPE PREVENTION

Classes, workshops and support groups sponsored by UCSF Rape Prevention Program. Call 476-5222.

Personal Safety, Rape and Assault Prevention Presentations. By appointment to campus departments and employees in the workplace.

AIDS/HIV SUPPORT

Anonymous and confidential caring, support and training for people with AIDS, those who have tested HIV-positive and others affected by the epidemic. Sponsored by UCSF AIDS Health Project, unless otherwise noted. Call 476-6430 for administrative office. Call client services at 476-3902 to schedule required intake interviews for groups (except drop-in group).*

Individual Risk Assessment and Referrals. By appointment.

Facilitated Ongoing Groups. For persons with HIV/AIDS and for caregivers, including a group for women caregivers.

Facilitated Time-Limited Groups. For HIV- gay and bisexual men, for HIV+ asymptomatic persons and for HIV+ heterosexual African-American men.

Monday Night Drop-in Group for HIV+/PWA. Call 476-3902 for location.

Drop-in Support Group for Women Living with HIV/AIDS: Meets every Monday. Free child care and beverages provided. Sponsored by Woman and Children's Specialty Program. A 45. 11 a.m.-1 p.m. Call 476-2417 or 476-7795.

LESBIAN LECTURE. (See upcoming events.)*

COLE HALL CINEMA: *Phenomenon.* Children under 14, $2; UCSF students and MU members, $2.50; UCSF staff, seniors and other students, $3; general public, $3.50. Cole Hall. 5:45 p.m. and 8:15 p.m. (Film subject to change). Call 476-2542 or www.ArtsPerfs.ucsf.edu.*

11 Friday

ABLE TO CREATE: 12-7 p.m. See Oct. 10 listing.*

COLE HALL CINEMA: *Phenomenon.* 6:30 p.m. and 9 p.m. See Oct. 10 listing.*

What's Happening

Regular meetings and ongoing support groups

Sunday

Healing Garden Working Days: Second and fourth Sundays. 2-4 p.m. UCSF/Mount Zion Cancer Center Healing Garden, 2356 Sutter. Call 885-3693.*

Monday

Art for Recovery: Monday and Thursday afternoons. Cancer Center, Infusion Center, second floor. Call Cindy Perlis at 885-7221.

Drop-in Support Group for Women Living with HIV/AIDS: Free lunch and beverages provided. A 45. 11 a.m.-12:30 p.m. Call 476-2417 or 476-9289.

Health Professionals in Recovery: For physicians, nurses, dentists, pharmacists, PhDs and others. Anonymous, 12-step emphasis. Meets twice a month. Noon. Call 476-8279.

Friends of Lois Al-Anon Meeting: Closed meeting: for friends & families of alcoholics only. Room 521, MCB. Noon. Call 626-5633.

Breast Cancer Support Group: J 223, UCSF/Mount Zion Cancer Center, 2356 Sutter. 6-7:30 p.m. Call 885-3693.*

Colorectal Cancer Support: Second and fourth Mondays. Room 114, UCSF/Mount Zion Cancer Center, 2356 Sutter. 6:30 p.m. Call 885-3693.*

Melanoma Support Groups: Meets first and third Mondays for patients and family members. Room 114, UCSF/Mount Zion Cancer Center, 2356 Sutter. 6:30-8:30 p.m.*

AIDS Health Project Meditation & Self-Hypnosis Workshop: Weekly discussion group for anyone dealing with HIV or AIDS in themselves or others. Gazebo Room, Davies Medical Center 7-9 p.m. Call 476-3902.*

Tuesday

SFGH Circle of Sisters: Monthly networking forum for black women working and studying at UCSF/SFGH. Call 206-8314.

UCSF Staff Council Meeting: Third Tuesdays. 11 a.m.-1 p.m. S 609. Call 502-7338.

MHONA: For victims of trauma with cross disabilities. Ages 15 & over. A 222, LPPI. 10 a.m.-noon. Helpline at 759-7923 provided daily, 7 a.m.-10 p.m.*

Exercise & Physiology Class for Cancer Patients & Survivors: Mount Zion Cardiac Care Gymnasium. 12:30-1:30 p.m. Pre-registration required. Call 885-3693.*

Institute of Healing Meditation Class: Every second, third and fourth Tuesday. 12-1 p.m.C 417. Call 563-4459.

Institute of Healing Arts and Sciences Meditation Class: Tuesdays. Noon-1 p.m. Call 563-4459 for location.*

Campus Amnesty International Meeting: First Tuesdays. MU 111W. Noon-1 p.m. Call 566-8406.*

Gospel Choir Rehearsal at UCSF: Weekly at MCB. Noon. Call 502-0106.*

Parkinson's Disease Education & Support Group: For people with Parkinson's & their caregivers. Third Tuesdays. Christ Church, Lutheran, 1090 Quintara (at 20th Ave.). 2-4 p.m. Call 476-9276.*

Parnassus Players: UCSF's theater group meets first Tuesday at Millberry Union Conference Center. Times vary. Call 921-3231.*

Nurses' Pain Association Meeting: Second Tuesdays. C 254. 5:30-7:30 p.m.*

Brain Tumor Support Group: First Tuesdays. C 130. 7-8:30 p.m. Call 284-0208.*

Wednesday

Gay, Lesbian, Bisexual Association at UCSF Meeting: Second Wednesdays. Members of the Chancellor's Committee on Gay, Lesbian & Bisexual Issues attend. Call 282-9650.

Support Group for Family/Friends of Those with Mental Illness: For those interested in psychiatric disorders and treatments. Call Laura Deering-Mayclin at 476-7394.*

Elder Care Support Group: Wednesdays, Through Nov. 6. C 258. Noon-1 p.m. Call 476-2692 to register.*

Latin American Campus Association Meeting: Second Wednesdays. HSW 508. Noon. Call Lucia DeLeon at 476-2010.

Latin Women Coalition: For Latina faculty, staff and students. Noon-1 p.m. Call 476-7117.*

Parnasus Al-Anon Meeting: For friends and families of alcoholics. Observers welcome. C 417. Noon-1 p.m. Call 626-5633.*

Tai Chi Classes: Staff welcome. UCSF/Mount Zion Cancer Center. Healing Garden, 2356 Sutter. Noon. 885-3693.*

Alcoholics Anonymous Meeting: Closed meeting: Conference Room 3, first floor, MCB. 12:05 p.m. Call 621-1326.

MHONA: For victims of trauma with cross disabilties. Ages 15 & over. Two locations & times: A 222, LPPI, 1-3 p.m., and N 517, 7-10 p.m. Helpline also provided daily, 7 a.m.-10 p.m. at 759-7923.*

Trauma/Injury Support Group: First and third Wednesdays. SFGH Library, Bldg. 30, room 3101. 2:30-4 p.m. Call Laurie Barkin at 206-8402 or Dr. Yigal Ben-Haim at 753-1000.

San Francisco City Chorus Rehearsal: 7 p.m. Call 765-SONG.

Eating Disorders Support Group: Open to anyone dealing with an eating disorder in themselves or others. Meets first and third Tuesdays. M 688. 7-8:30 p.m. Call 332-3425.*

Co-Dependents Anonymous Meeting: 12-step program for people with dysfunctional relationships. A119, LPPI. 8-9:30 p.m. Call 432-3529.*

Thursday

AWAKE Meeting: Alert, Well And Keeping Energetic is a support and education group for people with sleep apnea and their families. Third Thursdays. Bring CPAP equipment for check-up. Call 885-7886.*

Dance Therapy Class for Cancer Patients and Survivors. Release tension, regain confidence and explore personal meanings of illness. 10:30 a.m.-Noon. UCSF/Mount Zion Cardiac Care Center. Pre-registration is required. Call 885-3693.

Gospel Choir Rehearsal at UCSF: Weekly rehearsals at Parnassus. Noon. Call 502-0106.*

Head & Neck Cancer Surgery Support Groups: Separate groups for patients and families meet simultaneously on second and fourth Thursdays. J 221, UCSF/Mount Zion Cancer Center, 2356 Sutter. 1-2 p.m. Call first 885-7623.*

Association of Clinical Research Nurses Meeting: Meets every other month, alternating between UCSF and Stanford. 5:45-7:30 p.m. Call 476-0683.*

Support Group for Women Living with Life-Altering Illness: Alternate Thursdays. 6-8 p.m. Call 775-2854 to pre-register.*

Friday

Circle of Sisters: Networking forum for black women working and studying at UCSF. Second and third Fridays. Noon-1 p.m. Call 502-5666.

Weight Watchers Meeting: S 159. Noon-12:45 p.m. Call 476-6148 or 476-6241.*

Alcoholics Anonymous Meeting: Closed meeting: C 417. 12:10-1 p.m. Call 621-1326.*

Lakeside Senior Medical Center Caregiver Support Group: First Fridays. $10 per meeting. 2501 Ocean Ave. at Junipero Serra. 2-4 p.m. Call 986-2305.

For information on 12-step and support groups call the Bay Area Self-Help Center at 772-4357 or the Mental Health Association of San Francisco at 882-6230.*

Newsbreak deadline

Monday, September 30 is the deadline for items to be listed in the next calendar, which covers Oct. 12–25, 1996 (two weeks). Complete information must be received in our office in writing by 11 a.m. on that Monday. Send information for calendar items to Brad Foss at (bfoss@itsa.ucsf.edu), mail it to Box 0462, send a fax to 476-3541, bring it to UCSF/Laurel Heights, 3333 California St., Suite 103 or call 476-3163. To submit an article for Newsbreak/Medsounds send email Lisa Cisneros at (cisnero@itsa.ucsf.edu), or fax her at 476-3541.

*OPEN TO THE PUBLIC

Breast cancer screenings

Women can have low-cost mammograms — X-rays to screen for breast cancer — from UCSF's mobile van that travels to convenient locations in the Bay Area. Women need the approval of their physician, in addition to their doctor's full name, address (including room number & zip code) and phone number to ensure that results are mailed promptly. The procedure takes about 20 minutes and costs $65. Call 476-2193 between 9 a.m. and 3 p.m. to make an appointment.* Listed below are dates when the van will be at UCSF locations. Call 476-2193 for a full schedule.

- Thurs., Oct. 3: UCSF/Parnassus at Medical Center Way.
- Fri., Oct. 25: UCSF/Parnassus at Medical Center Way.
- Fri., Nov. 1: UCSF/Parnassus at Medical Center Way.

UPCOMING EVENTS

Regents' lectures: On art, anthropology

Art and anthropology are the topics of discussion for two upcoming Regents' lectures by wife and husband, Reinhild Janzen and John M. Janzen. Both lectures begin at 3 p.m. in N 217.

A professor of art history at Washburn University, Ms. Janzen will speak on "The 'Art' of Healing: Medicine for the Spirit" on Thursday, Oct. 3. She is an authority on art created for hospitals in the past as contrasted with the arts in contemporary North American health centers. She explores the ways in which art can help patients to find meaning in illness and cope with suffering. Her lecture and slide show illustrate works of art commissioned during the 15th and 16th century for the historic hospitals of Sienna, Italy, Beaune, France and the Grunewald altarpiece in Isenheim, Germany.

On Friday, Oct. 4, Reinheld, professor of anthropology at the University of Kansas, will present "Breaking the Cycle of Violence: a Medical Anthropological Analysis of Justice, Forgiveness and Healing in Rwanda and Burundi." He will draw on his field research from central and southern Africa in 1994 and 1995 to discuss the motives for social breakdown and patterns of violence, as well as efforts taken to end the violence. He will look at case studies detailing the relationship between perpetrator and victim and approaches to resolving tensions.

Gay, lesbian, bisexual, transgender history month

UCSF celebrates Gay, Lesbian, Bisexual, Transgender History Month with a host of events throughout October sponsored by the Lesbian, Gay, Bisexual Students Association and Associated Students of UCSF.

A four-part video series produced by PBS, "The Question of Equality," begins Thursday, Oct. 3, from noon to 1 p.m, with a showing in S 163 of "Out Rage '69," a look at the formation of the modern gay and lesbian civil rights movement, beginning with the 1969 Stonewall riots and protests of Anita Bryant's political campaign. Other videos in the series will be in the same place at the same time on Oct. 8 and 17, but on Oct. 24 the location moves to S 159.

Poet Ellen Farmer presents "Wedded Wife to Lesbian Life: Sharing Our Stories," Thursday, Oct. 10, from noon to 1 p.m. in HSW 302.

A video presentation entitled "The Shadow of Hate" will be shown from noon to 1 p.m. on Tuesday, Oct. 22 in MCB 125 and on Tuesday, Oct. 29 in S 163. "New York's Lesbian Herstory Archives," a slide show documenting women and events from a lesbian point of view, will be presented in N 225 on Monday, Oct. 21, from 7 to 9 p.m.

A celebration party will be held on Saturday, Oct. 26 beginning at 7 p.m. Call 662-9567 for party location. For more information about events, call 476-2010.

Weight loss retreat

A novel approach to weight loss that focuses on healthy lifestyles will be the focus of a retreat on Saturday, Oct. 5, from 9 a.m. to noon, at the Milberry Union Conference Center. The program was first developed for children and adolescents at UCSF and has been disseminated to hospitals nationwide as the Shapedown Program. Laurel Mellin, the program's creator and an associate clinical professor of Family and Community Medicine and Pediatrics, will facilitate the retreat. A book authored by Mellin based on this method, entitled "The Solution: The Six Causes and Six Cures of Weight Problems," will be published in January. Participants will apply the method to themselves, assessing the causes of their weight difficulties and in identifying corresponding solutions to each cause. Space at the retreat is limited and enrollment is first-come, first-serve. Cost of the retreat is $50, or $40 for UCSF employees. For more information, call Mellin at 476-2502.

Forum for mid-life women

(See story on page 7.)

Manage chronic pain

The UCSF/Mount Zion Center on Aging sponsors a free half-day program for the public titled "Managing Chronic Pain: 21st Century Approaches," Saturday, Oct. 19, from 8:30 a.m. to 12:30 p.m., at Laurel Heights Conference Center.

Faculty and staff of the UCSF/Mount Zion Pain Management Center will explore topics incuding physical therapy and and the body/mind connection. Advanced registration is required. Call 750-5342.

Free skin cancer screenings

The UCSF Department of Dermatology will host free skin cancer screenings on Saturday, Oct. 19, from 9 a.m. to 1 p.m., on the third floor of the ACC.

"Most skin cancers, including melanoma, can be cured if detected early," says Jerome R. Potozkin, UCSF clinical instructor of dermatology and coordinator of the UCSF screening day.

To increase public awareness of the signs of skin cancer and to encourage behaviors to protect the skin from damage, UCSF and community dermatologists will participate in the screening and will disseminate informational material on self-examination for skin cancer. For more information, call 476-9219.

Race for the Cure

UCSF is assembling a team for the Sixth Annual Race for the Cure on Sunday, Oct. 20 beginning at Sharon Meadow in Golden Gate Park. Sponsored by the San Francisco Chapter of the Susan G. Komen Breast Cancer Foundation, the event consists of a 5K men's and women's run and the one mile walk. Call Stephanie Holt a 885-3683 to join the UCSF team.

Proceeds from the race finance educational programs, free mammography screenings and follow-up examinations for Bay Area women with limited resources, as well as numerous community breast cancer grants. The UCSF Radiology Department provides a mobile van for mammography for this outreach program.

The registration fee is $18 prior to the event, or $22 on race day. Fee includes a T-shirt and goodie bag. Entry forms may be ordered by calling 1(800)-698-8699.

Mini trade fair Oct. 23

(See page 6 for details.)

Nursing conference

The International Society of Nurses in Genetics' 9th Annual Education Conference will be held at the Sir Francis Drake Hotel in San Francisco from Sunday, Oct. 27 through Tuesday, Oct. 29. UCSF's Kathleen Schmidt Yule chairs the event and will speak during a workshop, entitled "Genetics and Nursing: Basic Principles for Practice," that explores new and old concepts of genetics, the integration of genetics in nursing, genetics screening, and developments in genetic research on cancer. Others from UCSF will speak as well.

The final two days will consist of various panel discussions focused on "Genetics Through the Lifespan: The Essence of Caring," and a symposium on "Disability Rights and Clinical Genetics: A Dialogue." For reservations and more information, call 476-5048.

Stars perform to benefit UCSF Cancer Center Nov. 7

(See story on page 7.)

CRIME ALERT

Man arrested in library

An 18-year-old African-American man, who allegedly sexually harrassed three women on the morning of Friday, Sept. 13, was arrested inside the UCSF library, after groping a female employee while in the ACC, police say.

UCSF police are considering the man as a possible suspect in the April assault of a UCSF female employee in the Millberry Union public parking elevators.

The most recent incident began at about 9 a.m. when the suspect boarded a streetcar at 28th and Judah and allegedly grabbed the thighs of two female passengers. The man exited the streetcar at the intersection of Arguello and Irving and proceeded on foot to the ACC, where he reportedly grabbed a UCSF employee in the groin area.

The suspect was apprehended, without incident, shortly thereafter. He was charged with two misdemeanor counts of sexual battery and one count each of simple battery and loitering with a knife.

Police to serve warrant

UCSF police are expected to deliver a $50,000 arrest warrant to the suspect allegedly involved in the April 28 burglary of a UCSF dental clinic at 100 Buchanan Street, according to UCSF Detective Holly Choy.

The suspect, a 36-year-old San Francisco man, reportedly admitted to the crime while being detained at San Quentin Prison in Marin County for violating his parole on a previous burglary conviction. The warrant will be served upon his release from San Quentin.

Police say the suspect's fingerprints were allegedly found at the scene of the crime. Some $3,000 worth of electronics equipment was found at a loading dock near the clinic where an office window was smashed.

Deadline Sept. 30 for Pew Awards

UCSF has been invited to submit two nominations for the 1996-97 Pew Scholars Awards in the biomedical sciences.

Applications must be submitted to Academic Services, Room S 115, Box 400, no later than Monday, Sept. 30.

The awards, which provide $50,000 per year for four years, are intended to support outstanding young investigators in basic and clinical sciences relevant to the advancement of human health.

UCSF will nominate one candidate involved in basic biomedical research, and a candidate whose research required direct personal involvement with patients. Applicants whose laboratory research uses cellular and molecular genetic approaches to human disease are encouraged to apply.

Application is restricted to junior members of the faculty (assistant professor or equivalent) who will not have been members of the full-time faculty for more than three years as of July 1, 1997.

For more information about qualifications and application requirements, call Academic Services at 476-1881 or 476-5742.

Mini trade fair Oct. 23

UCSF will host a mini trade fair featuring small, minority and women-owned vendors seeking to do business with the University on Wednesday, Oct. 23, from 10 a.m. to 3 p.m., in the lobby of Medical Sciences. Seven suppliers will be exhibiting. Sponsored by the Materiel Management Department and the Affirmative Action Office, this event is designed to expand business opportunities to the community. For more information, call Small Business Outreach Program at 502-3041.

Michele Firpo

Tongues tingle at chili cook-off

Verndean Comage, left, of Millberry Programs and Services, serves up a taste of her prize-winning chili at EMPACT's Fifth Annual Chili and Salsa Cook-Off. Paul Hessinger of the anesthesia department assists her. Red Mangio of Millberry Programs and Services won the grand prize for his chili, while Brenda Choy of the Academic Senate won the People's Choice Award. The grand prize for best salsa went to Cesar Vasecillio of Student Health and the People's Choice Award went to Jacinta Medina of radiobiology. The event was sponsored by American Home Insurance.

FUN ZONE

Relieve tension with a massage on campus

Relieve life's stresses with a massage, a service available by appointment at UCSF's worksites, bedside at Moffitt/Long hospitals and at the Millberry Fitness Center. Massages for patients must have approval from a physician. For fee information and to make an appointment with a qualified massage therapist, call 476-6613. For massages at the Millberry Fitness Center, call 476-1115.

Rent a Tahoe cabin

Retreat to a Tahoe cabin available for rent this winter through Outdoors Unlimited (OU), a cooperative center for adventure and recreation at UCSF. Weekend or midweek rentals are available from December through April. Cabins have modern kitchens equipped with microwaves, coffee makers, dishwashers, etc. Cabins also have four bedrooms that sleep at least 10, two to three bathrooms, plus fireplaces and central heating. Visit the Outdoors Unlimited Rental Center to view floorplans. Reservations begin Monday, Oct. 21, for UCSF students and OU volunteers, Thursday, Oct. 24 for Millberry members and Monday, Oct. 28, for UCSF employees.

And beginning this year, OU rents snowboards in addition to assorted outdoor equipment for camping, boating, picnicking and climbing. For more information, call OU at 476-2078.

UC Blades recruit UCSF hockey team

Skate into action once every two weeks this season with UC Blades, the campus inline skating club that is now recruiting members for a hockey team. To join the club and get a UC Blades schedule, call Alan Tower at 476-0356. Fee is $10.

UCSF students and employees are invited to take a free two-hour lesson courtesy of SkatePro and CORA, the California Outdoor Rollerskating Association. Friends of UCSF employees also are welcome for $3 if space is available. SkatePro offers discount rates on rentals as well. For more information, call SkatePro at 752-8776.

Drop-in for sports

All skill levels are welcome to play badminton, soccer, volleyball, racquetball and squash — all sports offered on a drop-in basis at UCSF. Contact Blair Hoover at the UC Rec Sports office at 476-0356 for more information.

MEDICAL CALL BOARD

Non-surgical abortion

Women who are less than seven weeks pregnant and who want to have an abortion are being sought to participate in a study of two drugs, oral methotrexate and vaginal misprostol, to induce early abortion. Women must be 18 years or older, in good health and planning to stay in the immediate area for two months. The study involves a minimum of three clinic visits at no cost to participants. Call the UCSF Methotrexate Abortion Hotline at 502-0299 for more information.

Elderly depression

Older adults are needed for an outpatient study in a 13-week placebo double-blind trial comparing venlafaxin (Effexor) and fluoxetine (Prozac), drugs approved by the FDA for the treatment of depression.

Conducted by the Center for Clinical and Aging Services Research of the UCSF/Mount Zion Institute on Aging, the study will include regular visits to the Lakeside Senior Medical Center. Participants will be randomly assigned to either Effexor, Prozac or placebo and monitored at each visit. At the start and finish of the study, participants will receive a physical exam, electrocardiogram and routine blood work. At each visit, participants will be evaluated by a psychologist to assess their depression. There is no cost to participate in the study.

Eligible candidates must be 65 years of age or older and must have major depression with symptoms present for at least a month prior to study entry. Participants must be free of any antidepressant drug use and must pass a brief mental state exam. For more information, call Hazel Outlaw at 469-4161 or 750-4170.

Memory research

The UCSF/Mount Zion Institute on Aging is conducting research on how memory is affected by medications and hormonal changes. Doctors need both healthy older adults and people with early Alzheimer's disease to participate. Each study involves three or four visits. All participants will receive free health and memory evaluations. Participants will be reimbursed as well. For more information, call Laura Sands at 750-4175.

Leg function

UCSF researchers in the Department of Radiology are looking for volunteers to participate in a study of leg function at the VAMC. The study can be completed in two visits and volunteers will be paid for their time.

Eligible participants should be nonsmokers, free from heart disease, high blood pressure, diabetes and other major illness and should not currently be exercising regularly. For more information, call Hung Dao at 750-2158.

Nominate now for UCSF Medal

Nominations are now being accepted for the UCSF Medal, the most prestigious campus award to recognize individuals who have made outstanding personal contributions in areas associated with the University's health science mission.

Initiated in 1975, this award replaced the awarding of honorary degrees. Nominations are welcome of individuals whose impact can be recognized at the state or national level as well as those whose contributions have been to San Francisco and the Bay Area.

Elected officials currently in office are not eligible for the award. Faculty members who fulfill the criteria may be nominated, but they should have held emeritus status or be retired for at least one year and not hold any current administrative or policy-making position within the University.

The committee, which recommends the recipients of the UCSF Medal, accepts nominations by Tuesday, Oct. 15. Nominations should include a brief resume of the nominee's achievements and contributions and should be sent to Jeanne Coombs, Office of the Chancellor, S 126, Box 0402.

The Medal will be awarded at the annual Founders Day Banquet, to be held on April 10, 1997 at the St. Francis Hotel in San Francisco.

EAP seeks directors

UC faculty are invited to apply for directorships in the University's Education Abroad Program (EAP) for the academic years of 1997-98 and 1998-99.

Applications for the directorships listed above are due Friday, Oct. 18. Candidates must be tenured members of the Academic Senate, lecturers with security of employment or emeriti faculty.

Two-year appointments for the term July 1, 1997 through June 30, 1999 will be made for Beijing, China; Cairo, Egypt; Bordeaux/Toulouse, France; Tokyo, Japan; Madrid, Spain and for the associate directorship in London, England. The appointment in Delhi, India, will entail on-site residency for one or both semesters each year from July through December or July through May.

Appointment for two years with residency or shorter duration are offered elsewhere.

In most cases fluency in the language of the host country and a broad knowledge of the host country are major qualifications. At each site, the director administers the study center, assures harmonious relations with UC's partner universities and provides academic and general counseling for UC students enrolled in the program as well as other duties.

For more information, call Kathleen Ranney at the University-wide office at (805) 893-3677.

Fund Performances

For those invested in the 403(b) Plan and the After-tax plan, here are the latest unit values and monthly factors (as of Aug. 31, 1996). The annualized yield reflects the annual yield that could be achieved if the current monthly rate were compounded for one year.

	Monthly Rate	Annual Rate	Annualized Yield
Savings	0.51%	5.99%	6.08%
Money Mkt	0.46%	5.39%	7.53%
ICCF	0.63%	7.37%	7.53%

	Unit Price	12-Month Change	3-Yr. Avg. Annualized Return
Bond	$76.17	7.5%	4.8%
Equity	$147.69	15.5%	14.7%
Multi-Asset	$18.48	9.4%	8.6%

The investment results, as measured by total return figures given above, represent past performance and should not be considered indicative of future results. If you have questions, please call 476-9256.

Medsounds

David Milward

At the reception dedicating the Melvin Swig Satellite Library at Mount Zion were, left to right, Gail Sorrough, medical library director; Samuel Eskterkyn, Marty Diamond, hospital director; Herbert Goodman, medical staff director and Merrill Bronstein.

Mount Zion creates Swig satellite library

A request by a physician to revive a subscription of a lapsed medical journal has led to the creation of an entire satellite library in the doctors' lounge at the UCSF/Mount Zion Medical Center.

The computerized library comes from a gift from the late Mel Swig to Samuel H. Esterkyn, assistant clinical professor of surgery, in recognition of services received at UCSF/Mount Zion. The fund had been created years ago for surgical improvements, but until now had only been used to purchase a light in the operating room.

But when Merrill Bronstein, assistant clinical professor of surgery, noted that the Fishbon Library no longer carried the "Journal of Thoracic and Cardiovascular Surgery," Esterkyn went to work to resurrect the funds both to buy the journal and use the remainder to create a satellite library.

The satellite, the fourth library at Mount Zion, was inaugurated at a Sept. 9 reception attended by nearly 100 members of the medical staff.

Housed in a corner of the doctor's lounge, the "Swig Satellite Library" will serve as a point of access to medical information through various online systems. It will also facilitate access to medical information when the larger Fishbon Library is closed for the day. The Fishbon Library will offer evening coaching sessions on clinical resources on the Internet and Melvyl Medline at the Swig Satellite location. Call the Fishbon Library at 885-7378 for more information.

Test results are only a phone call away

By BRAD FOSS

When the UCSF Kidney Transplant Clinic learned its voice-mail system was more of an annoyance than a convenience to patients requesting test results, it introduced an improved, interactive, multilingual system that gives them 24-hour access to this information.

"This is the clinic of the future," says Flavio Vincenti, professor of clinical medicine and transplant nephrology. "We wanted to use technology to improve our communication with the patients."

The system, known as TeleResults, developed by the San Francisco company Interactive Medical Services Inc., allows doctors and nurses to leave patient specific messages in English or Spanish. Patients and their primary physicians can then access the information using a personalized code. Test results can be retrieved via phone or fax within hours after patients are tested.

The system also keeps track of doctors' schedules so that patients can make appointments with a phone call at any time of day. Once an appointment is scheduled, TeleResults automatically calls patients the day before with a recorded reminder.

Another feature of the system heartily welcomed by doctors at the clinic is that the software is programmed to detect changes in patients' test results. By comparing current and past lab data, the system automatically alerts physicians when any significant deviations occur in a patient's laboratory values.

For example, the information contained in a single blood test can signify whether or not a person's body is rejecting the transplanted organ. Creatinine, a by-product of muscle breakdown that is excreted in urine, is one such predictor monitored by doctors. Too much creatinine in the blood may mean the kidney is not functioning properly, and that it might fail.

Doctors also keep track of cyclosporine, a toxic drug used during kidney transplant surgery to suppress the body's immune system. Safe levels of the drug must be maintained within a narrow range — not enough cyclosporine will enable the immune system to reject the kidney, and, too much can be harmfully toxic.

TeleResults objectively observes those changes that may be inadvertently overlooked, such as a patient whose creatinine level is "normal" by most standards, but irregular in terms of that patient's average levels. Similar alerts are incorporated for other important blood tests such as cholesterol and blood sugar.

"It does not take away from the role of the doctor or the nurse," Gloria Horns, the outpatient coordinator says. "It improves the safety net."

Before the onslaught of voice-mail, Vincenti says, patients and doctors were communicating without a middle man (middle machine). TeleResults, says Vincenti, is at least able to curb phone tag frustration.

Stars to perform to benefit UCSF's Cancer Center

Vocalists Linda Rondstadt and Aaron Neville, as well as Emmy-award-winning comedian Dennis Miller, will entertain at a black-tie event to benefit UCSF's Cancer Center on Thursday, Nov. 7 at Davies Symphony Hall.

The event also features a pre-concert buffet and post-concert dessert reception hosted by the auxiliaries of UCSF and Mount Zion, as well as a silent auction. Tickets range from $50 to $1,500.

A seven-time Grammy Award winner, Ronstadt is a versatile singer who presents various musical styles including big band, jazz, opera, Mexican and Afro-Cuban. Neville, who has received four Grammys, including one for a duet he recorded with Ronstadt, possesses one of the most distinctive voices in popular music. The show will be opened by Miller, who is best known as the zany former host of "Weekend Update" on NBC's "Saturday Night Live."

Proceeds from "Raising Hope" will directly benefit the UCSF Cancer Center, which is bringing together under one umbrella all aspects of cancer research, patient care, prevention and education. Tickets are available at the Davies Symphony Hall Box Office at 864-6000, or any BASS ticket outlet, 510-762-BASS.

Breast care (from page 8)

The DOD began funding breast cancer research in 1993 following a strong lobbying effort by women's health advocates. Congress has already appropriated $210 million for the DOD effort. Among those credited in obtaining the grant are US Rep. Nancy Pelosi (D-SF), and US Rep. Ronald V. Dellums (D-Berkeley). Both are strong advocates for breast cancer research.

UCSF and CPMC researchers will compare the costs of diagnosing breast cancer in two different systems of health care: the integrated breast cancer center and the more traditional office-based practice. The center could serve as a national model to other institutions if the grant's hypothesis proves correct: that a single-site integrated program offers advantages to the patient over a decentralized system, say co-principal investigators Laura Esserman, UCSF assistant professor of surgery, and William Goodson, UCSF professor of surgery.

"We want to make some changes in the way we practice medicine to find the simplest, easiest and most patient-friendly way to evaluate people who have breast abnormalities and cancer," Esserman says. "We want to treat the whole person not just the disease."

For example, a woman who has an abnormal mammogram currently may have to wait two weeks or longer before she gets a diagnosis because of the time it takes to coordinate and make appointments with specialists. "That time for a patient is an emotional roller coaster," Esserman says.

The center hopes to give patients a diagnosis in one day, when possible, and three days at the most. "Our goal is to get a diagnosis with the fewest procedures in the shortest period of time possible, thereby maximizing quality and minimizing cost," Esserman says.

Many experts agree that physicians and patients face a crisis in this managed care cost-cutting environment, Goodson points out. "We want to make certain that as managed care clips everyone's dollars, women still get a fair shake and the best possible care," he says.

"We want to treat the whole person not just the disease."

–LAURA ESSERMAN
UCSF assistant professor of surgery

A computer information system will be developed to collect data on patients step-by-step so physicians can measure the quality and outcomes of different treatments. Although clinical trials of new treatments have been responsible for many of the advances in cancer treatment, Esserman observed that only 3 percent of people in the country take part in such studies. "We need to start working on collecting valuable information on the other 97 percent," she says.

Goodson adds that the team needs to look at how some decisions are made and to see what works. For example, physicians have clear information concerning the value of mastectomy versus no mastectomy for people with small breast cancers. "But there are a lot of little steps that patients go through in treatment that need to be looked at more closely," says Goodson, adding that doctors will explore questions such as, are patients emotionally supported at the time of diagnosis?

The UCSF Cancer Center received a $1.2 million dollar donation from longtime California and Nevada resident Carol Franc Buck to help with the renovation and creation of the new center that should be completed in 1997.

UCSF hosts forum for mid-life women

UCSF Women's Health develops and sponsors free public programs on a wide range of health issues affecting women. The first in a series of seminars, "The Magical Mid-Life Mystery Tour," is slated for 8:45 a.m. to 12:15 p.m. on Saturday, Oct. 12. To be held at the UCSF Laurel Heights Conference Center, the forum is designed to shed light on a number of health issues that affect mid-life women, including how to optimize health and maintain vitality, what to expect from menopause, and how a woman's skin changes with age.

The symposium will provide an opportunity for women to join each other in facing mid-life challenges, and learn from UCSF women's health experts what they can do to feel better and prevent illnesses that are prevalent in women in their 40s. Participants also will get practical advice for increasing physical and emotional well-being and for making intelligent choices about lifestyle and treatment options.

For more information on "The Magical Mid-Life Mystery Tour" or on UCSF Women's Health programs, call the UCSF Women's Health Referral Line at 476-0668.

Women's health (from page 8)

her participation in decisions regarding her health and who will respect the preferences she voices," says Laurel Dawson, co-founder of BaySpring, co-director of UCSF Women's Health and assistant clinical professor of internal medicine.

UCSF Women's Health works with other UCSF clinical programs providing care of special importance to women, including breast cancer screening, cardiology services, continence evaluation and treatment, fertility services, gynecologic cancer treatment, osteoporosis evaluation, and women's mental health, among other areas of medicine. (See story about the UCSF Breast Care Center on page 8.)

And as the gender gap in medical research is closing, "a key strength of UCSF continues to be the ability of its faculty to move major findings from UCSF research to the clinical setting, where this knowledge can benefit women who are seeking treatment on any health issue that affects them," Milliken says.

UCSF
Medsounds

Medical Center News for the UCSF Campus Community VOL. 11, NO. 16 SEPTEMBER 27, 1996

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UCSF Women's Health adds BaySpring practice

By REBECCA HIGBEE

UCSF has expanded its women's health services to include a new practice location at BaySpring Women's Medical Group on Fillmore Street and an ongoing series of education programs, the first of which focuses on mid-life women will be held on Saturday, Oct 12. (See sidebar on page 7.)

BaySpring Women's Medical Group has formally affiliated with UCSF and adds a third location (to the Daly City and Parnassus practices) where primary care, gynecology and obstetrics are provided by physicians committed to women's health. Each practice site provides a nurturing place where women are encouraged to participate in their own health care, from adolescence through menopause and beyond, says Nancy Milliken, UCSF associate clinical professor of obstetrics, gynecology and reproductive sciences.

"It is extremely important for a woman to have physicians who will encourage

(See **Women's health** on page 7)

Leslie Corrado

Mount Zion singer performs for Clinton

Cassandra Robertson, left, a nursing manager at UCSF/Mount Zion, beams with pride as President Bill Clinton applauds her gospel singing during a private reception hosted by Esprit Corporation's Suzie Tompkins in San Francisco. See an upcoming issue of Newsbreak for an election round-up of ballot initiatives.

DOD awards $4.3 million grant for breast care center

By DALE MARTIN

In an important step toward funding innovative approaches to treating breast cancer, the US Department of Defense awarded a $4.3 million grant to the UCSF Cancer Center and the California Pacific Medical Center Research Institute to create a "one-stop" patient-focused breast care center.

The Bay Area Breast Care Center will have a team of experts including radiologists, cancer specialists, surgeons, plastic surgeons, and pathologists working together to offer same-day diagnoses and a multidisciplinary approach to treating complex problems, including breast cancer, which will strike an estimated 184,300 women this year.

Staff will arrange all the visits to specialists and will also help patients, families and friends gather information about clinical trials, innovative treatments and standards of care.

California Pacific and UCSF also will collaborate to provide a Psychosocial Support Project, where researchers will study the impact of alternative mind-body and spiritually oriented educational and psychotherapy approaches — all under one roof. All women will be able to address the emotional impact of their diagnoses as well as choose from services including psychotherapy, meditation, yoga, and dance and art therapies.

(See **Breast care** on page 7)

Mount Zion team works to reduce violence in Western Addition

By DALE MARTIN

With the appointment of a new director, the UCSF/Mount Zion Violence Prevention Project is set to launch a variety of family-support programs geared to reduce violence in the Western Addition, one of San Francisco's most troubled neighborhoods.

Satterwhite

Pamela Satterwhite, a specialist in youth and family violence issues, was named director of the project to expand violence-prevention programs ranging from parenting workshops to mental health services for children who have witnessed violence. A group already completed an intensive series on Afrocentric parenting skills this summer and a series of workshops on family communication skills is now under way.

With significant growth in awareness that violence is preventable and the development and implementation of effective intervention strategies in recent years, Satterwhite is optimisitic about the challenges ahead. "The more we learn, the more we're able to reframe violence as a health problem," she says. "More hospitals are taking on the responsibility to address violence in the community."

Indeed, the 1992 declaration by US Surgeon General Antonia Novello that violence in America has reached the point of a "public health emergency," put violence on the list of preventable health hazards with infectious diseases, smoking, alcohol abuse and accidents from drunk driving and product defects.

Health care workers have come to understand that violence stems from other social ills such as substance abuse, unemployment, poverty, racial discrimination, poor education and teen pregnancies — all found in the Western Addition. According to SFPD statistics, the area's 38,000 residents have a mean family income of just half of the average in San Francisco and about a third of its families receive AFDC. Three of the four schools serving the area account for more than half of the city's student drop outs and 20 percent of the admissions at the city's main trauma center at San Francisco General Hospital come from the Western Addition.

Pediatricians and obstetricians at UCSF/Mount Zion have also witnessed the epidemic while working on the front-line treating victims of domestic violence and child abuse. Instead of merely reacting to the problem, UCSF/Mount Zion doctors decided to help provide community-based programs developed by the Department of Pediatrics.

The project teams social workers, community health workers and community organizations to provide direct support to families living in the Western Addition, including linking 30 targeted families from Benjamin Franklin Middle School with services in the community. The project also will work with the UCSF/Mount Zion Department of Pediatrics to enhance its violence-prevention training for medical residents.

"There are many different models for addressing violence in a community," says Satterwhite, who served as director of the Juvenile Probation Commission in San Francisco. "What makes this an effective one is that it is developing a continuum of care around specific families to support families in crisis. We know that if we work with the most extreme ends of the problem, we will have an impact on the community."

Funded initially by a Mount Zion Health Systems Inc. grant, the project just received a three-year grant from United Way. Combined with a state Healthy Start grant to Franklin Middle School, and a grant from the Morris Stulsaft Foundation, total annual financing for the project is more than $200,000.

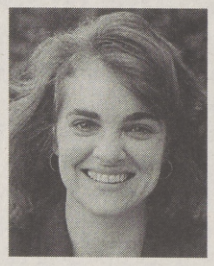
Hospital hails Lynn Rusk for job well done

At a recent debriefing of medical residents working on 12-Long, internist Robert Wachter asked what worked best in the hospital. All of them answered: Lynn Rusk.

"We have all found Lynn to be tireless, enthusiastic and uncommonly effective," Wachter says.

And so, as part of the Medical Center's revived employee recognition program, Medsounds salutes Rusk, a social worker at UCSF for the past seven years.

A Bay Area native, Rusk is credited for improving patient satisfaction as she helps ease their transition from the hospital to home or nursing facility. Pleasing patients is just one part of the job, Rusk says, adding that she works hard to accommodate the doctors, patients' families and insurance agents as well.



Rusk

While Rusk spends most of her time working with general medicine patients on 12-Long, she can be called at any time to the Emergency Department, where she encounters homeless men, battered women and abused children. "There's definitely a gap in services in the City. Sometimes I have to beg a women's shelter to let them in."

Medical Center to expand recycling

Beginning October 1, the UCSF Medical Center and Sunset Scavenger Co. will expand recycling efforts to comply with a national mandate to reduce landfill waste by 50 percent before the year 2000.

"This is a much-needed program," says Bruce Schroffel, director of operations. "We encourage all employees to do their part in supporting this effort to improve the environment."

In addition to recycling cardboard, Medical Center employees will start to recycle mixed paper, empty plastic/glass bottles and metal cans. The first phase of the recycling effort will begin at Moffitt/Long hospitals. It is important to know that documents containing any kind of patient information or other documents of a sensitive nature are considered confidential and must be disposed of properly. Such confidential documents should not be placed in recycling bins, taken off site or used for scratch paper.

Before launching the program, Sunset Scavenger Co. representatives will visit all departments to assess what types of waste are generated and to place collection containers in appropriate areas.

A staff member will need to be responsible for emptying full collection containers into centrally located receptacles on each floor. These larger containers and those near copy machines will be emptied by the Environmental Services staff between 3 and 7 a.m. at least three days a week, says Mathias Chaplin, director of Environmental Services. Recycled waste will then be taken to Sunset Scavenger's plant where it is processed.